

Human Rights & Equity Services

www.dal.ca/HRES

Human Rights & Equity Services

HRES provides trauma informed, survivor centered confidential advisory service to members of the Dalhousie Community seeking advice & support related to:

- Human Rights
- Harassment
- Sexualized Violence
- Conflict



HRES Services

- Confidential Reporting
- Informal & Formal Complaint Options
- Personal Support & Referrals
- Coaching
- Conflict Resolution Process Facilitation



Sexualized Violence Policy



Sexualized Violence

- Advisor Sexualized Violence
- Disclosure or reporting options under the NEW Sexualized Violence Policy
- Support and resource navigation
- Advising about options
- Arranging accommodations
- Safety planning
- Referrals to off campus services or supports
- Accompany to Court/Services



PEGaSUS

Psycho-Educational Group for Survivors of Adult Sexual Assault

PEGaSUS is a 10-week program designed to support student survivors of adult sexual assault.



www.dal.ca/purplefolder



RESPONDING

When someone shares an experience of sexualized violence

"Thank you for sharing your experience with me. You are not alone. I believe you."

- It's OK to express concern.
- Explain any limits to your confidentiality

WHAT NOT TO SAY:

- "Why were you there?"
- "What were you wearing?"
- "Why didn't you leave?"
- "Why were you drinking?"



REFERRING

See back cover for a full list of supports and resources on campus and in the community

IF THE INDIVIDUAL IS INTERESTED IN ON-CAMPUS SUPPORT:

You can refer the individual to Human Rights and Equity Services where our **Sexualized Violence Advisor** can offer confidential support, crisis intervention, possible accommodations and reporting options, referrals to

DON'T FORGET TO

Point out that support is available and seeking : a sign of strength and courage, not a weakness follow up with the individual , but don't insist or what they have done.



REPORTING

Reporting is always the choice of the individual sharing experiences of sexualized violence

READ DALHOUSIE'S SEXUALIZED VIOLENCE POLICY

DAL.CA/HRES

IMPORTANT DISTINCTIONS

CONFIDENTIALITY:

Disclosures and Reports of Sexualized Violence will be kept confidential to the greatest extent possible, within the limitations described in the Sexualized Violence Policy.

Connecting with Advisors:

- To make an appointment:
 - **Phone:** (902) 494-6672
 - **Email:** HRES@dal.ca
 - **Direct:** www.dal.ca/dept/hres/contact_us.html
- PEGASUS:
 - hres@dal.ca - Individuals can email with their name.
 - Individuals will be provided the location of the group once they have connected with the facilitator.



Education & Outreach

- Education Advisors coordinate and promote various campaigns and events on campus, including:
 - International Women's Week
 - 16 Days of Activism Against Gender-Based Violence
 - Respect Week
- HRES provides workshops and education on topics such as:
 - Diversity & Inclusion
 - Sexual Violence & Consent
 - Human Rights & Equity
 - Harassment Prevention
 - Conflict Management



www.dal.ca/HRES

- Online Resources Include:

- Sexualized Violence, Human Rights, Personal Harassment, Conflict, Accommodations
- Policies: Personal Harassment, Sexualized Violence, Statement of Prohibited Discrimination
- Social Justice Terminology
- Videos
- Reflection Worksheets
- Upcoming Campaigns & Outreach
- Multi-faith Calendar

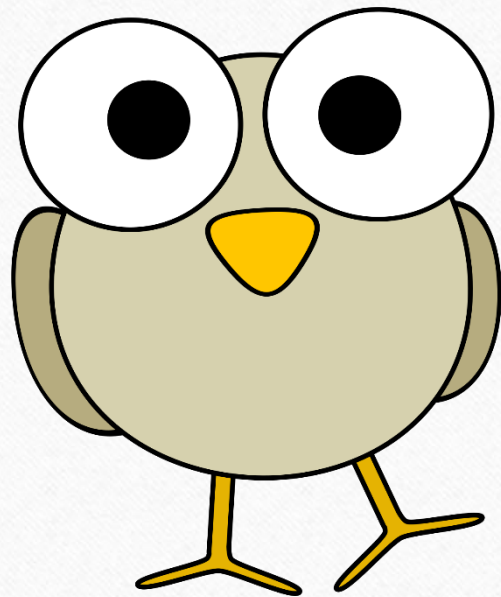


Multi-Faith
Calendar

When to Contact?

- If you have experienced (or think you may have) sexualized violence, harassment or discrimination.
- If you are supporting someone else on campus who has had an experience of sexualized violence, harassment or discrimination.
- If you would like more education on these topics for a group, class, society
- To get involved in educational campaigns on campus

Questions?



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